

**Heartly House, Inc**

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**RESERVE YOUR BOOKLET EARLY!**



**2 FOR 1 DINER'S CLUB**

Last year our Diner's Club booklet's SOLD OUT EARLY. We had to disappoint many long-time fans of our popular booklet.

Once again, ten or more of Frederick's finest restaurants are donating 2-For-1 deals offering you a delicious way to enjoy a night out and to help Heartly House at the same time. The 2-For-1 booklet will be ready to send out the last of November but if you would like to reserve your booklet(s) send in your money today. The cost is \$40 per book-an excellent gift for a client, employee, friend, neighbor, or just for you!

While we have not finalized the list of participating restaurants, they will be places for great fun and food in Frederick!

Please send me 2 for 1 Diner's Club book(s) at \$40 each. Enclosed is my check for \$\_\_\_\_\_ made payable to Heartly House.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_

Please detach and mail to: Heartly House, Inc. P.O. Box 857, Frederick, MD 21705  
For more information, call (301) 662-8800, TTY (301) 662-1565

**THANK YOU FOR YOUR SUPPORT.**





# Heartly House

A publication for the Frederick community and friends of Heartly House

Fall 2005

## BREAKING NEWS

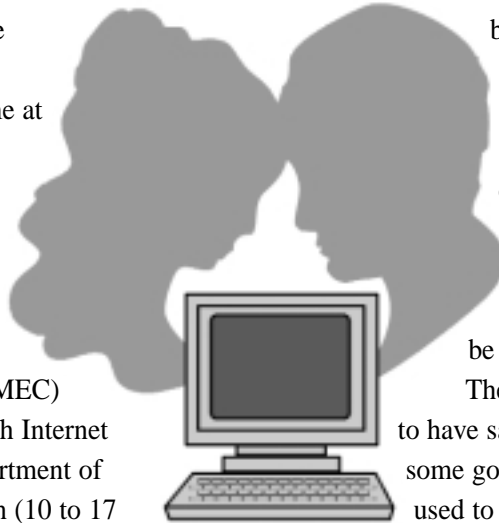
### Marriage License Surcharge Aids Heartly House

Beginning in September, the Frederick County Marriage License Surcharge will be increased by \$15 with the additional revenues designated to Heartly House. Many people are unaware that in 1983, the Maryland General Assembly established a surcharge for marriage licenses. Surcharge proceeds can only go to domestic violence programs that provide specific services including a 24-hour hotline, safe shelter and crisis counseling. Heartly House, the only county program that meets the requirements, has received the surcharge since 1984.

To help our agency meet the increasing demands for our services, the Frederick County Board of County Commissioners overwhelmingly approved the increase on July 19th. Please join us in thanking Commissioners Thompson, Cady, Gardner and Reeder for supporting us as we work to stop the violence.

## INTERNET SAFETY

Many parents have discovered the value of the Internet. However, the advances in communication have come at a cost. Today, unknown persons have virtual access into our lives and homes. For many, the term “chat room” has become synonymous with the seduction of children by sexual predators. The National Center for Missing and Exploited Children (NCMEC) reports that the Highlights of the Youth Internet Safety Survey conducted by the Department of Justice concluded that “1 in 5 children (10 to 17 years old) receive unwanted sexual solicitations online.” You may find the survey at ([http://www.missingkids.com/en\\_US/documents/internetsafety\\_surv.pdf](http://www.missingkids.com/en_US/documents/internetsafety_surv.pdf)). Just as the “don’t talk to strangers”



*“1 in 5 children (10 to 17 years old) receive unwanted sexual solicitations online.”*

conversation, a discussion about Internet safety has proven difficult for parents to have. As such, many parents have not had this talk with their children. Some parents seek to preserve the “innocence” of their children

by shielding them from such dangers. Others feel that the discussion will unnecessarily frighten their children. However, it is important for parents to consider the benefits of Internet safety awareness. It is a fact of life that children will face obstacles as they mature to adults. Better for children to be prepared than otherwise.

There are different approaches parents use to have safety conversations with their children; some good, some not. The “scare tactic” is often used to frighten children into adhering to rules laid out by the parent. The fault with this approach is that it is the nature of children to be curious and test the rules. Children may become overly frightened as opposed to understanding and being prepared. Spying on children is also another approach parents take to monitor the activities of their children. However, this can create a distrust and lack of respect between parents and children. A better way to handle these conversations is through honesty and the use of age appropriate information.

The best approach will vary from one household to the next, but there are some fundamental steps that can be used to build a safety foundation for the home:

**Heartly House  
2004-2005 Board  
of Directors and  
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C. Sue Hecht  
*CEO*



The Heartly House Newsletter shares Heartly House news, activities, needs and stories of interest to our readers and supporters. Your suggestions and comments are welcome. Please address all remarks to Heartly House News, P.O. Box 857, Frederick, MD 21705-0857, or call 301-662-8800; TTY 301-662-1565

**To Our Friends and Supporters:**

We owe a big thank you to our County Commissioners. For those of you who missed it, the Commissioners approved an increase in the marriage license surcharge. While the funds we receive from the marriage license surcharge are a small piece of our annual budget, it is an important piece of our financial picture. With the Commissioners' support, the increase will provide some additional revenue to help fund expanded direct services.



We are now focused on our upcoming 25th Anniversary Celebration. Through the generosity of Jose and Pat Salaverri, the event will be held on November 14, 2005 at Mealey's Restaurant. The event will be both a celebration of where Heartly House has been and a preview of where we are going, and how you can help us reach our destination.

My past year as President, while very rewarding, has been full of challenges. With the help and support of the staff and board members, we have been able to meet each one of those challenges.

The next challenge facing Heartly House staff and board is meeting the increased demand for our services. As Frederick County's population continues to grow and diversify, our agency must modify services and expand staffing. Our board is hard at work expanding our financial base to better meet the needs of our citizens in crisis and transition.

Hope to see you on November 14 to kick-off our next 25 years!

Jeanne Singer

President

Board of Directors

- Place the computer in a location that is conspicuous to the entire family. This will deter children from accessing inappropriate areas of the Internet.
- Use monitoring and filtering software to keep track of your child’s activities on the Internet. It is important to be honest about the use of such software to prevent any distrust. Some software includes Net Nanny (<http://www.netnanny.com>), CyberPatrol (<http://www.cyberpatrol.com>) and IamBigBrother (<http://www.iambigbrother.com>) among others. AOL users’ have access to parental controls and the AOL Safety Bot (<http://www.safetynets.com>) – a tool that allows children to take an active role in their own safety.
- Creating and nurturing an open and trusting relationship with your children promotes understanding and communication.

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*A better way to handle these conversations is through honesty and the use of age appropriate information.*

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There are many Child Internet Safety resources. Some of the offerings include child security software reviews, statistics, videos and other multimedia activities

designed to advise parents on ways to make the Internet a safer place for their children. A few cited below will also provide links to other Child Internet Safety websites.

NetSmartz  
<http://www.netsmartz.com>

ProtectKids  
<http://www.protectkids.com>

NetParents  
<http://www.netparents.org>

SuperKids  
<http://www.superkids.com>

GetNetWise  
<http://kids.getnetwise.org>

SafeKids  
<http://www.safekids.com>

National Center for Missing and Exploited Children (NCMEC)  
<http://www.missingkids.com>

FBI’s Parent’s Guide to Internet Safety  
<http://www.fbi.gov/publications/pguide/pguidee.htm>

Federal Trade Commission Kidz Privacy  
<http://www.ftc.gov/bcp/online/edcams/kidzprivacy/>

National School Board Foundation’s Safe & Smart  
<http://www.nsb.org/safe-smart/index.html>

## I DO FOUNDATION

Attention all soon-to-be brides and grooms. If you are looking for a way to include your favorite charity with your special day – there is a solution. The I Do Foundation was created to make this possible.

By visiting their website; [www.idofoundation.org](http://www.idofoundation.org), couples are able to register their wedding. The couple then collects donations through:

- Honeymoon purchases
- Donations in place of wedding favors
- Registering for gifts that raise donations

The gifts your guests give you are tax-deductible and they are able to choose which charity will receive their donation, by the list of charities the couple chooses. Heartly House is not on the list, but you are able to request us as your beneficiary for donations.



## AN IN-DEPTH LOOK AT OUR PROGRAMS

### Shelter and Transitional Housing

Over its 25 years, Heartly House has been recognized as a national “pioneer” in starting innovative programs to help survivors of abuse and violence. One such pioneer program is Transitional Housing. First established in 1987 with two apartments, today our transitional housing program consists of 9 apartments with a total of 20 beds.

After Heartly House staff voiced concern about the lack of housing options for citizens leaving our short-term crisis shelter, the board and staff sought funding to establish housing and support services for former violence victims seeking economic self-sufficiency. The programs, called 2nd Step and 3rd Step, were among the first in the county developed as a domestic violence self-sufficiency program. Today our transitional housing participants can stay up to two years in affordable, safe housing while working, pursuing their education and/or attending job training. The goal for all participants is to move into their own housing within two years.

Our transitional housing program is open to Frederick County citizens who are currently using Heartly House programs. Many of our participants are already in counseling, working with our legal clinic or have used our crisis shelter for safety. Heartly House employs a full-time case manager who provides support and guidance throughout their stay in transitional housing. The case manager assists participants in accessing community resources, including child care, educational

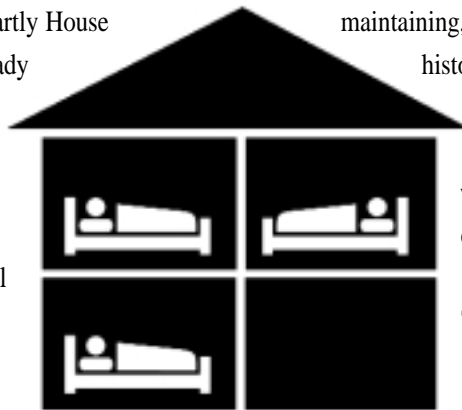
opportunities and job training programs. We also partner with other agencies in providing parenting, budgeting and/or self-sufficiency classes.

Doresa, our Transitions/Housing Specialist notes, “This might be the first time these women have had their own place and had to make independent decisions about their future. It isn’t always easy finding a living wage job or going back to school. Participants are often stressed finding child care, transportation and ultimately affordable housing. But my job is to empower our participants to make these steps and it is joyful in the end to see the results.”

Heartly House maintains the nine apartments through generous community “person power” as well as government and private foundation grant funds. Most recently the Freddie Mac Foundation has provided funds for expanded case management and support services.

Many community, service, church organizations and businesses have generously donated their time and services in maintaining, or rehabilitating the properties that are in the historical district. People have also donated furniture, appliances, food, and holiday gifts. As with all of our many programs, we would not be successful without the community’s help.

If you would like more information on the Transitional Housing Program and its services and needs, contact Kristin or Doresa at (301) 662-8800.



#### WISH LIST ITEMS

Everyday, Heartly House receives calls from citizens wanting to donate furniture, clothing or household items. Because of our limited storage space and ability to pick up items, we have to decline most of these generous offers.

As an alternative, we ask the community to send gift certificates from grocery stores, gas stations, beauty/barber shops, movie theaters, bus/taxi passes, phone calling cards, and/or discount department stores such as Wal-Mart, Target, Kmart, Payless Shoes, etc.

Cards should be in small monetary amounts \$5, \$10, or \$20.

These are our greatest needs as we help citizens who have had to temporarily leave their homes, and in some cases, start a new life on their own. Donating gift cards allows us to keep the shelter “clutter-free” and better manage donations throughout the year.

Of course, we always need and appreciate any monetary donations!

## LEGAL QUESTIONS ANSWERED BY OUR STAFF ATTORNEY

### Domestic Violence and the Military

With Washington, DC as our neighbor and Fort Detrick in our backyard, Frederick County is home to many military personnel. As a provider of services to Frederick County residents, Hearty House frequently sees members of the military who are victims of domestic violence.

Each department within Hearty House, including the Legal Program, provides assistance to military members. Since the military has its own set of laws and procedures that govern their servicemen, it is common for a victim of domestic violence to get confused as to where they should go for protection.

What is the difference between a Military Protective Order and a Final Protective Order?

Military Protective Orders (MPOs) are issued by commanders to preserve good order and discipline. A Final Protective Order (FPO) is issued by a District Court Judge to protect a victim's safety and prevent further contact with their abuser.

Both an MPO and a FPO may: direct a service member to stay away from a victim or a designated place, refrain from contact with a victim, require a service member to move out of the family home and provide financial support to family members.

"MPOs are issued for indeterminate periods and subject to review at the discretion of the commander." Further, the enforcement of a MPO is exclusively the military's responsibility. "Civilian law enforcement are prohibited from enforcing a military protective order." Local police may notify military police of an incident occurring off base.\*

A Final Protective Order has a definitive time frame and can be ordered for a term up to one year. A victim must petition the court to have the Order modified or rescinded.

Violation of a MPO is a violation of a direct and unlawful order and subjects the service member to prosecution under the Uniform Code of Military Justice, but only under the discretion of the command. A violation of a FPO has more defined consequences. An individual who violates a FPO may be prosecuted criminally and could be imprisoned, assessed a fine, or both.

Finally, a FPO makes it a violation of both state and federal law for the abuser to have possession of a firearm during the time the protective order is in place. In contrast,



a Military Protective Order does not preclude a service member from access to weapons associated with his job. A MPO does not contain specific terms relative to securing personal weapons, but you may notify the command and request that the command order his personal weapons secured in the armory.

Individual circumstances will dictate which type of protective order would best fit your situation. Because of the differences in military and civilian law, it is possible that you may require one or both types of orders. To determine what best fits your situation, you should consult with an attorney before making a decision.

For additional information on domestic violence and/or sexual assault in the military:

Family Advocacy Program  
1520 Freedman Drive  
Fort Detrick, MD 21702

The Miles Foundation, Inc  
PO Box 423  
Newtown, CT 06470-0423  
203-270-7861

Ashley Mancinelli is the Director of Legal Services for Hearty House. The information provided in this article should not be construed as legal advice. If you have a question about a specific legal matter, please consult an attorney.

\* C. Hansen and K.B. Summers, *"Intimate Partner Violence in the Military: A Victim's Handbook"*, Fourth Printing, Page 26, The Miles Foundation, inc., 2001.

# Wall of Heroes

## ★ **Greg Light** *New Board Member*

Greg Light has been serving on the Heartly House board for the last four months. Greg grew up in Texas where he attended Texas A&M University for undergraduate and graduate school. He worked for about 10 years in the oilfield industry with his last assignment as a regional manager located in Cairo, Egypt.

In 1989 Greg moved to Frederick and started a very successful record management company that he sold in the past year. Following some obligations to the buying company Greg is now pursuing his “next career” and has several ventures that are ongoing.

Greg has been actively involved in the world of non-profits and volunteer work since the mid 1970’s with a medical assistance group that traveled to Nicaragua and assisted the local population. He has worked with Habitat for Humanity, Christmas in April, and volunteers at South Frederick Elementary. He is an active member of the Rotary Club of Carroll Creek. With his children, Zach and Hannah, he recently established a donor advised pass through fund through Frederick’s Community Foundation.

Greg and his family live in Frederick.

## ★ **Patty Sheehan** *New Board Member*

Patty Sheehan has 25 years of business experience in brand marketing, organizational development, and process improvement, working with international, national and regional organizations including BMW of North America, Ford Motor Company, Mazda Motor of America, Chrysler Corporation, Lucent Technologies, Georgetown University Medical Center, and Towson University.

As President of MARKETLINK, Patty focuses her work in three areas: helping leaders define their organization’s brand values, position and strategy; developing an organization’s brand messages for their internal and external audiences; and working with leaders to solve performance, quality, and workflow problems that keep an organization from delivering on its brand promise. Patty’s work in planning and strategy and specific expertise in marketing communications and sponsorship will support Heartly House as it develops a long term capital campaign.

“I’m thrilled to be working with Heartly House,” says Sheehan. “I am in awe of its founders and supporters. They have transformed their care and concern for women and children into action, creating a shelter in Frederick that is now recognized statewide and nationally as a leader on the issue of domestic violence.”



**Jasmine Sneed and Lisa Ausherman** (Co-Chair of the Project)

- Frederick County Restaurant Association and Meta Nash (Taste of Frederick)
- United Way (Day of Caring)
- Carroll Creek Rotary, et al (Phase 2 Renovations)
- Ramar Movers (Howard Levine)
- Floors, Inc. (Phase 2 Carpet)
- Morgan-Keller Construction Company (Phase 2 Renovation Workers)
- Sherman Williams (Paint for Phase 2 Renovation)
- F & M Bank, State Farm Insurance and Ausherman Homes (Office Furniture)
- Senior Class Project Participants from area middle and high schools:
  - Brenton Knot
  - Caitlin McCarthy
  - Alanna Cohen
  - Lauren Baker
  - Breana McKinnon

## Renovation Pictures



**Jill Cody** (One of HH Founding Mothers and Carroll Creek Rotary Past President), **Jasmine Sneed** and **Mark Pitts** (Another Rotary Past President)



**Bernard Gouin** (Rotary Co-Chair of the Project), **Sean McAdam**, **Ed Wrzesinski** (Carroll Creek Immediate Past President and President at the time of the spring painting)

## Cell Phones Still Valuable, Still Needed

Looking for a way to put your old cell phone to good use? We put used cell phones to good use at Heartly House in one of two ways: First, we give them to our clients as “911” cell phones that they can use to call the police if they are in danger. Having a “911” phone helps provide our clients with some peace of mind. If you are donating a cell phone for this use, we must also have the battery charger that fits with the phone—as the phone must be charged to dial 911. If the phones aren’t in good working order, however, we can send them to a cell phone recycling program, which reimburses us for each phone.

The agency we currently work with, requests that all phones be sent with their battery and the back of the phone. The group assumes all of the shipping costs and sends payment to us within two to three weeks of receiving our shipment. It’s a great program: You get to recycle your phone, and Heartly House gets to put it to good use. Next time you purchase a new cell phone, please consider donating your old one to us.

To donate your phone, please call Betsey Doyle at (301) 662-8800. Please note that we recommend that you delete any old names and numbers saved in your cell phone. Unfortunately we do not have the staff or resources to handle that process.

## Thanks to All Who Have Given So Generously

Heartly House would like to thank all of the individuals, organizations, foundations and corporations who have supported our programs in the past few months, as well as those who gave through the United Way. Special thanks to:

Sharon Adams	Evangelical Reformed Church	Spedder House, Jr.	Amy and Arthur Roeper
Deborah and James Aird	Dorothy Fait and Brian Wise, Fait & Wise, LLP	Lynn and Rich Huffer	Rosemont Enterprises, Inc.
Allstate Giving Campaign	Regina and David Farnsworth	Charles Ireland	Irene and Zbigniew Ryback
Catherine and Michael Alspaugh	Bridgett Farrell	Dianne and Michael Jones	Lori Rypka
America's Charities	Robert Favatella	Lisa and Shannon Jordre	Kimberly Schaffer
Art for All Ages, LLC—KidzArt	Susan and Wayne Fleming	Jackie Kanekuni, CSD of Maryland	Cherie and Karl Schuch
Cortney Atkinson	Desda and James Fogg	Sandra and Jeffrey Kelley	Teresa and David Seeman
Gina Avery	Fort Detrick Community Auxiliary	Camille Kime	Service Glass Industries, Inc.
Jennifer Baker	Sharon and Morris Fraley	George Kleinspehn	Ruby Shane
Lori and Jason Bartolomeo	Frederick Co. Chapter Society for Human Resource Management	Pamela and Edward Kozlosky	Leslie and Keith Shaneman
Dolores and Dorsey Baumgardner	Frederick Seventh-Day Adventist Church	Marie and Eduardo Lagos	Margaret Slaughter
Teresa Becker	Fredericktowne Sertoma Club, Inc.	Suanne and W. Michael Lake	Jill Smith
Charlie Bern	Phyllis and James Friday	The Dr. Henry and Page Laughlin Special Frederick County Worthy Causes Trust Fund	Peggy and Christopher Smith
Jacquelyn and Michael Bingham	Leigh and David Friedman	Pat and George Leiby	St. Ignatius of Loyola RCC
Jennifer Blazek, The Body Shop at Home	Eliza Funk	John and Ardith Leino	St. Michael the Archangel Anglican Catholic Church
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Stephanie and Steven Boucher	Carlynn and John Gardner	Sophie Madondo	Deborah and Timothy Stephens
Colleen and Raymond Bowman	Eleanor and Thomas Gilbert	Emma and G. Monroe Main	Valerie Stevens and Anthony Sarro
Renee Brandenburg-Huffer	Girl Scout Troop 1436	Eileen Major, The Body Shop at Home	Avis Stuart
Barbara Brewster	Deborah and Richard Glass	Ashley Mancinelli, Esq.	Paula Stull
Gayle and David Bromberg	Yvette Shirey, Golden Orchid Spa & Shop	Sam Maples, Jr.	Erin Stup
Louise Bruhnke	Gov. Thomas Johnson High School	Lori Mark	Super Array Bioscience
Calvary UMC, Mt. Airy	Grace Community Church	Darby and Steven Marsh	Cynthia Swing
Cynthia and Christopher Champion	Cora Grayson	Richard J. McCain, Esq.	Mary Szczesny
Melissa and John Cherry	Debra Greenwell	Laura and Gary McKee	Margaret and John Terry
Christ Reformed Church	Julie and Michael Grenier	Stacey and Thomas Miller	Trinity United Methodist Church
Brenda Christopher	Pamela Griffin	Carole and John Miller	Trinity United Methodist Women
Chuck Wade Sod Farm	Grossnickle Church of the Brethren	Lori Morris, Mom's Club of Frederick City	Joyce Tripp
Melissa Clay	Christa Grunwald	Mom's Club of Walkersville	United Way of Allegheny County
Patricia Coates	Linda Guassardo	Julie and William Mooney	USPS, Frederick
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Debtscape, Inc.	Mary and Brian Hennigan	Nancy and William Pressly	Wells Fargo Community Support Campaign
Bill Derbyshire	Henrietta DayCare, Inc.	Lorraine Prete	Sarah White
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Stephanie and David Diehl	Jeannie Cronin and Students, Holy Family Catholic Church	Barry and Dana Quickel	Debbie Williams, Patty Pollotas Fund, Inc.
Addie Durham	Doris Brittain, Homemakers Class of First Baptist Church	Monica and Daryl Ramey	Alisa and Malcolm Willoughby
Sharon and James Durham	Homewood at Crumland Farms	Bob and Patti Redmond	Kelly and Raymond Wilson
Lisa Ecker		Rebecca and Eric Reickel	Maida Wright
Christopher and Kirsten Edler		Jacquelyn and Michael Rentz	
Electronic Data Systems			

**The above contributions were received before July 18, 2005. Heartly House is a non-profit 501(c)(3) organization and donations are tax-deductible to the fullest extent of the law.**