

"You can't really understand another person's experience until you've walked a mile in their shoes."

What is Walk a Mile in Her Shoes®?

Put Yourself in Her Shoes™

Each year, an ever-increasing number of men, women, and their families are joining Walk a Mile in Her Shoes®: The International Men's March to Stop Rape, Sexual Assault & Gender Violence. Walk a Mile in Her Shoes® is a fun opportunity for men to educate the community about a very serious subject and to rally the community to take action to prevent sexualized violence.

First You Walk the Walk

There is an old saying: "You can't really understand another person's experience until you've walked a mile in their shoes." Walk a Mile in Her Shoes® asks men to literally walk one mile in women's high-heeled shoes. It's not easy walking in these shoes, but it's fun and it gets the community to talk about something that's really difficult to talk about: gender relations and sexual violence.

Who will the 2011 Walk A Mile In Her Shoes® benefit?

Heartly House, Inc. is committed to the effort of achieving a society free of violence by providing public education, working for the equality and empowerment of all, and developing and maintaining comprehensive services to survivors of family violence, rape, sexual assault and child abuse.

Services

- 24 Hour Hotline
- Crisis Shelter
- Crisis Intervention
- Counseling Services
- Abuser Intervention Program
- Hospital Accompaniment
- Legal Services
- Transitional Housing
- Community Education



24-HOUR HOTLINE

301 · 662 · 8800

P.O. Box 857, Frederick, MD 21705

www.heartlyhouse.org

Walk a Mile in Her Shoes®

SATURDAY, OCTOBER 1, 2011

A March to End Violence Against Women

Registration begins at 11:00 a.m.

Walk begins at 1:00 p.m.

at the Carroll Creek Pavilion



www.walkamileinher shoes.org



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Serving survivors of violence and abuse



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